

**[DOCUMENT NAME]**

**ABSTRACT**

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**[Problem]** There has been a problem that, in the case where a plurality of play list files are recorded in a record medium such as a CD-R, it is difficult to manage the play list files.

**[Means for Solution]** A recording and reproducing system has a CD-RW medium 15 for holding a plurality of play list files for storing a play list describing reproduction order of a plurality of data files, a file recording means 14 of storing in a play list file menu file a play list file menu which is information for selecting a predetermined play list file, a menu definition file creating means 33, a controlling means 21 of displaying play list file menu information on all or a part of the stored play list file menus and selecting the predetermined play list file according to an instruction, a reproduction instructing means 22, a file reproducing means 23, and a data file output means 24.

**[SELECTED DRAWING]** FIG. 1